

# Safe moving and handling handbook (Level 2)

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The following updates have been made to the 9<sup>th</sup> edition of this publication.

Page	Update comments
No	<p>General</p> <ul style="list-style-type: none"><li>• A design refresh</li></ul>
28	<p>The position of the feet has been updated in line with the HSE guidance: Good handling technique</p> <p><b>STEP 2: POSITION the FEET</b></p> <ul style="list-style-type: none"><li>• Feet alongside the load.</li><li>• One foot slightly in front of the other to provide a stable base.</li></ul> <p>Position of feet</p>  <p><a href="#">Manual handling at work: Good handling technique - HSE</a></p>

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